



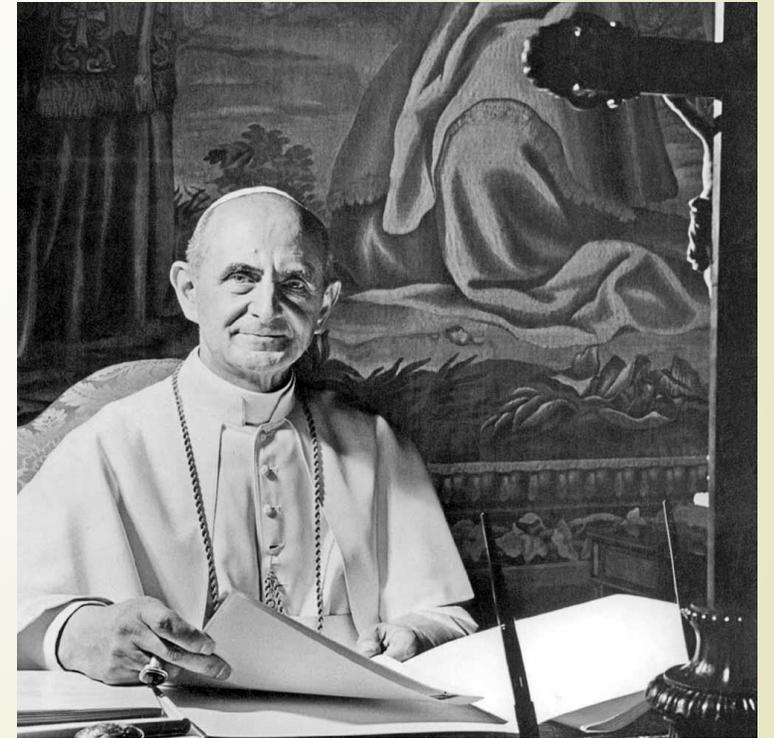
Humanae Vitae, TOB, and 2016

How the Church's teaching has always been relevant.

Latrell Castanon

Humanae Vitae

- Encyclical released on July 25th 1968
- Written by Pope Paul VI
- Prophetic in Nature
- Controversial Subjects:
 - Contraception
 - Marriage
 - Birth Regulation



Humanae Vitae & TOB

- ▶ Understanding the call to Marriage:

- ▶ Call of Gift of Self
- ▶ Total Gift that Results in the Giving of LIFE
- ▶ “Two become ONE FLESH:

A metaphysical reality: “because when the two become one, nine months later you've got to give that “one” a name, and that child embodies the oneness that the two became. “
Scott Hahn

But Jesus said to them, “For your hardness of heart, he wrote you this commandment, but from the beginning of creation God made them male and female. For this reason a man shall leave his father and mother and be joined to his wife and the two shall become one flesh, so they are no longer two but one flesh. What, therefore, God has joined together, let not man put asunder.” Mark 10:2-9

https://youtu.be/Swlm0_OC_JQ (13:38)

Humanae Vitae & TOB

- ▶ Four Prophecies (Consequences) of Humanae Vitae
 - ▶ If the Church's teaching on contraception is ignored the following will occur:
 1. Lead to Conjugal infidelity and lowering of morality.
 - a. Divorce Rate Increase.
 - b. Abortion Rate Increase.
 - c. Out of Wedlock Pregnancies Increase.
 - d. Venereal Disease Increase



Humanae Vitae & TOB

- ▶ 2. Lost Respect for Women
 - ▶ No longer seen as beloved companion.
 - ▶ Be seen as instruments for pleasure.
 - ▶ The loss of understanding innate dignity of the human person.



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- ▶ 3. Abuse of Power
 - ▶ Acceptance of contraception used as a dangerous weapon.
 - ▶ HX of use of “family-planning programs in third world countries.
 - ▶ i.e. Forced Sterilization and abortion in China.
 - ▶ Under-population
 - ▶ “anti-child” mentality entrenched in society.



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- ▶ 4. Unlimited Dominion
 - ▶ Lead man to believe that he had unlimited dominion over his body.
 - ▶ Test Tube Babies
 - ▶ Cloning

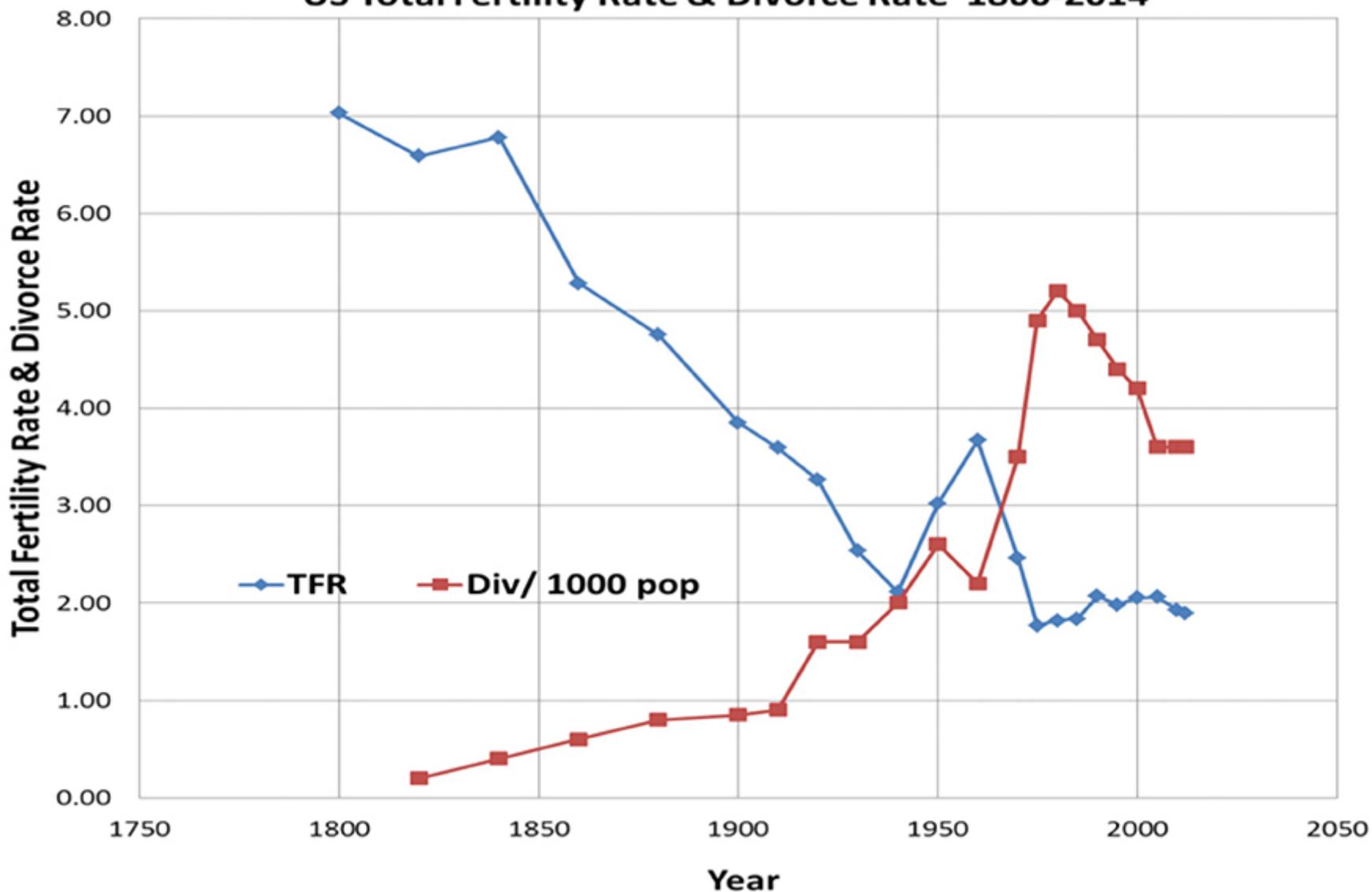


Humanae Vitae & TOB

Despite affirmation and clarity regarding the teaching of the Church, the Encyclical was largely ignored by the media and society.

<http://www3.nd.edu/~afreddos/courses/264/popepaul.htm>

US Total Fertility Rate & Divorce Rate 1800-2014



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1. Conclusions Suggested by the Chart: 1. The “natural” Total Fertility Rate (TFR) may be as high as 7. With limited availability of contraception, the average American woman of the early 1800s birthed 7 children. Is that what God planned for average family size? The corresponding “natural” divorce rate is essentially zero.
 2. The vulcanization of rubber by Charles Goodyear in 1839 jump-started the contraceptives industry with condoms and diaphragms. As contraceptives began to be readily available in the mid-1800s, TFRs rapidly declined. H
 3. The low TFRs during WWII (1941-1945) were followed by a jump in TFRs as millions of soldiers returned to marry and start families in 1945-1960. High divorce rates during and after WWII may be a result of long separations and mental and physical health problems of returning soldiers.
 4. The advent of the Birth Control Pill (BCP) in the early 1960s and the universal acceptance of all forms of birth control soon fixed TFRs at about 2 (or less) for the 40+ years from 1970 to 2014. Divorce rates increase as TFRs decrease.
 5. Rapid acceptance of the BCP in the 1960s corresponds with divorce rates more than doubling in 10 years.
 6. While TFRs have held steady near 2 for the past 40 years, divorce rates have steadily declined to 1960's levels possibly due to slow economic growth, fewer marriages reducing the pool of potential divorces, and aging couples' greater tolerance of a less than ideal marriage.
 7. Contraceptive use destabilizes and redefines marriage.

Humanae Vitae & TOB

- ▶ Pope John Paul II
- ▶ One voice of reason – Recognized the depth of the wisdom of Humanae Vitae.
- ▶ Theology of the Body: a collection of 129 Reflections/Talks on Humane Vitae given by JPII right at the start of his Pontificate.
 - ▶ Importance of Self Mastery
 - ▶ Proper use of Sexuality
 - ▶ Meaning of the Human Body and the Human Person as these bear upon sexuality.

- ▶ John Paul II was building on the truths regarding the Natural Law and the meaning of the Body. The meaning of being fully and authentically HUMAN. To be an embodied spirit.





Humanae Vitae & TOB

- ▶ 7 Things on TOB
- ▶ http://www.staycatholic.com/7_things_about_theology_of_the_body.htm
- ▶ Christopher West: Introduction to the TOB
- ▶ <https://youtu.be/JTjmJidcBpc> (6:34)

Humanae Vitae & TOB

► NFP and The Pope Paul VI Institute

Interestingly enough the predictions related to the divorce rate and STI's are not the only consequences of the "Sexual Revolution". Numerous studies have indicated that hormonal contraceptives are just BAD for us all together, and may mask serious health conditions that can be treated. The same can be said related to Abortion and its physical and psychological consequences.

[Http://www.breitbart.com/big-government/2015/04/17/pediatricians-warn-of-abortion-breast-cancer-link/](http://www.breitbart.com/big-government/2015/04/17/pediatricians-warn-of-abortion-breast-cancer-link/)

Contraception: The Real Story https://www.youtube.com/playlist?list=PL67kelLVRuQGryssCNQ4QKuxHwZi_qYr0

- Dr. Thomas W. Hilgers has been instrumental in extensive scientific breakthroughs concerning women's health and fertility. <http://www.drhilgers.com/> & <http://www.popepaulvi.com/>
- **NaPro Technology Revolution:** <https://youtu.be/QwvQzfM6WJw> (12:54)
- A New Hope for Infertility: <https://youtu.be/JVkJbuzmQ>
- *The NaProTechnology Revolution: Unleashing the Power in a Woman's Cycle* is a book about finding real solutions to real problems — problems such as infertility, menstrual cramps, PMS, ovarian cysts, irregular/abnormal bleeding, polycystic ovarian disease, repetitive miscarriage, postpartum depression, prematurity prevention, hormonal abnormalities, chronic discharges, and family planning. <http://www.naprotechnology.com/>
- The new women's health science of NaProTechnology is based on the Creighton Model FertilityCare™ System, which is a natural fertility tracking that generates standardized information about women's reproductive health and enables couples to achieve or avoid pregnancy effectively. It is the only system that can be used with NaProTechnology to help diagnose and treat reproductive health problems.
- NaProTechnology (or natural procreative technology) uses the Creighton Model System to help a woman reach her optimal state of reproductive health. Its medical and surgical approaches, developed over decades of research and now emerging in peer-reviewed medical literature, achieve real solutions to real problems that face women and couples.
- <http://www.unleashingthepower.info/>

Humanae Vitae & TOB

NFP Testimony

I'd vouch that there's likely some causation, actually, at least from our experience. Bri and I were very surprised at how our relationship changed for the better once we started using NFP. Using NFP, guys are asked to learn more about the female body. It might sound hokey, but I feel like I respect her body more now that I know how it actually works. It's an appreciation that I could say approaches awe.

Plus, there's increased communication. It's easy to go on auto-pilot with your family planning when you're using contraception, but with NFP, it's always up for discussion. Especially with the pill, changing your mind and trying to become fertile again can take months, but NFP allows you to be much more responsive to God's call to parenthood.

And you know, our opinion of children kind of changed. The idea of having kids became much less scary. I'm not sure why that is. It's unfortunate in a way, because people see folks on NFP with huge families, and they assume it doesn't work. No, it works really well... it's just, well, big families start looking like a blessing... and I can't really explain why NFP helps you see that, but it does.

There's also probably something to be said for natural hormonal balance. Bri would be able to speak to this better than I, but I wonder if artificially manipulating a woman's hormone levels every month with the pill takes a toll after a while.

Most importantly, NFP trains you that sex shouldn't be about instant gratification. I'm not convinced that contraception's ability to make women always available is a healthy thing for a relationship. Everything needs a Sabbath, so to speak. NFP gives you natural periods of abstinence, and that has proven to be healthy for our relationship. It's good to experience longing. It's good that the wife doesn't always end up being the one that says, 'not tonight.'

So yeah... from a couple that's tried both NFP and contraception... I can't say enough about how much better NFP has been for us. I didn't go into it for religious reasons. I was pretty much a cafeteria catholic at the time. I just thought it'd be nice to save the money, but it's really looking like Pope Paul VI may have really been a visionary on this one.

John Paul II, in his "Theology of the Body" reminds us that our bodies, male and female together are an image of the Trinitarian God. I won't go into detail here, but the conclusion is that the better we understand our bodies, the closer we grow to God. It stands to reason then that NFP would bring you closer to God, because you learn about your body, the wonder of its fertility, and learn to listen to the signs it gives you. On the other hand, with the pill, you're chemically shutting down the system, ignoring the signs, and relying on a short cut purchased from the pharmaceutical companies. I can see why one would contribute to healthy marriages, and the other contribute to a higher divorce rate.

References & Continued Study Links

Official News Letter :

<http://www.popepaulvi.com/CultureofLife.php>

Online College Women Newsletter:

http://www.popepaulvi.com/PDF/Newsletter-FCYoungWomen/FCCO-Newsletter_V8n1_Issue20.pdf

<http://onemoresoul.com/featured/why-contraception-matters.html>

<http://showersonwheels.org/wp-content/uploads/2013/11/Breakthrough-Study-on-the-Effect-NFP-has-in-lowering-Divorce-Rates.pdf>

<http://onemoresoul.com/category/contraception-abortion/risks-consequences>

<https://www.lifesitenews.com/blogs/tell-me-that-good-one-again-about-how-contraception-decreases-abortions>

<http://www.lifenews.com/2012/02/17/studies-birth-control-contraception-dont-cut-abortions/>

<http://www.issues4life.org/pdfs/20101119sexedadvocatesignoretherelationshipbetweenbirthcontrolabortionandstds.pdf>

https://www.youtube.com/playlist?list=PL67keLLVRuQGryssCNQ4QKuXHwZi_qYf0